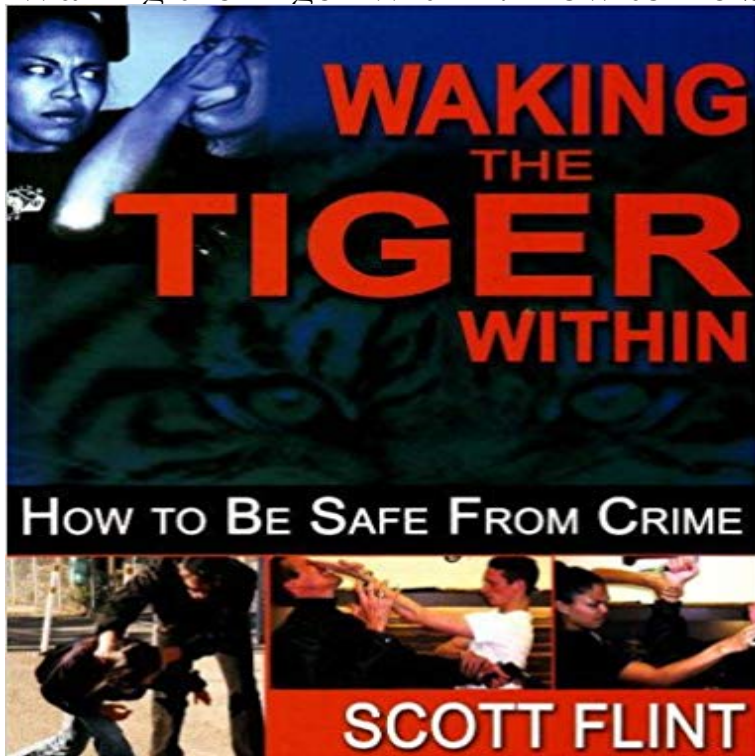


Waking the Tiger Within: How to Be Safe from Crime



Over 14,000 violent crimes occur every day in the United States. If you are attacked by a violent criminal, you'll have only yourself to rely on. *Waking the Tiger Within: How to be Safe from Crime* teaches you how to defend yourself with confidence and how to crime-proof your daily life. Read this book and then share with those you love. Awareness is the most powerful self-defense tool and everyone can use it! *Waking the Tiger Within* will teach you how to:

- * Improve your Awareness
- * Stop an Attack in Seconds
- * Be Ready for Road Rage
- * Bring out your Natural Survival Instinct (The Tiger)
- * Make your Home Safe from Intruders
- * Stop an Abduction
- * Bully-proof your Children
- * React to a Terrorist Attack
- * Survive an Attack by Multiple Assailants
- * Travel Safely
- * Escape from an Armed Attacker
- * Understand your Right to Defend Yourself
- * Fight to Win!

No experience necessary. The self-defense techniques and safety strategies in this book can be used by anyone, regardless of age or gender.

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