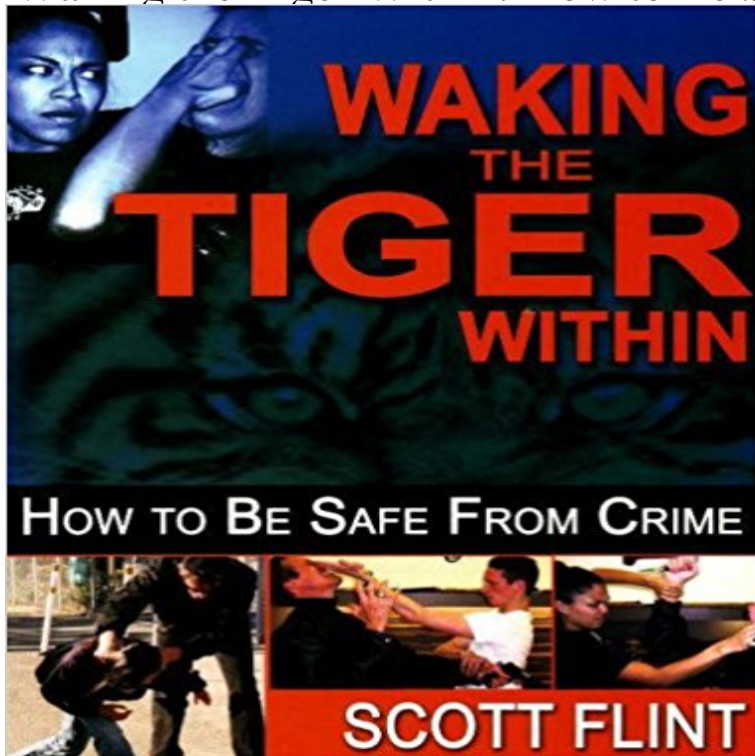


## Waking the Tiger Within: How to Be Safe from Crime



Over 14,000 violent crimes occur every day in the United States. If you are attacked by a violent criminal, you'll have only yourself to rely on. *Waking the Tiger Within: How to be Safe from Crime* teaches you how to defend yourself with confidence and how to crime-proof your daily life. Read this book and then share with those you love. Awareness is the most powerful self-defense tool and everyone can use it! *Waking the Tiger Within* will teach you how to:

- \* Improve your Awareness
- \* Stop an Attack in Seconds
- \* Be Ready for Road Rage
- \* Bring out your Natural Survival Instinct (The Tiger)
- \* Make your Home Safe from Intruders
- \* Stop an Abduction
- \* Bully-proof your Children
- \* React to a Terrorist Attack
- \* Survive an Attack by Multiple Assailants
- \* Travel Safely
- \* Escape from an Armed Attacker
- \* Understand your Right to Defend Yourself
- \* Fight to Win!

No experience necessary. The self-defense techniques and safety strategies in this book can be used by anyone, regardless of age or gender.

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