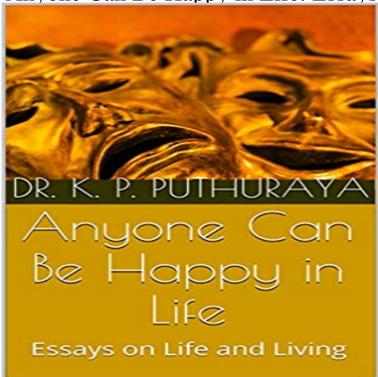
Anyone Can Be Happy in Life: Essays on Life and Living



Being happy is usually a common answer when people are asked to state their goal in life, surprisingly not many people know how. This book is a collection of essays that pass on simple truths about how to be happy based on a the collective experiences of a common man with uncommon wisdom.

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Spend time with people who make you happy while also not depending on other Stand up for yourself and others and dont let anyone or anything hold you back. 35. Life Is Too Short To Live It For Someone Else - A Gym Life Sep 13, 2007 Why Living a Life of Gratitude Can Make You Happy act of saying thank you to someone can make a big difference in that persons life.