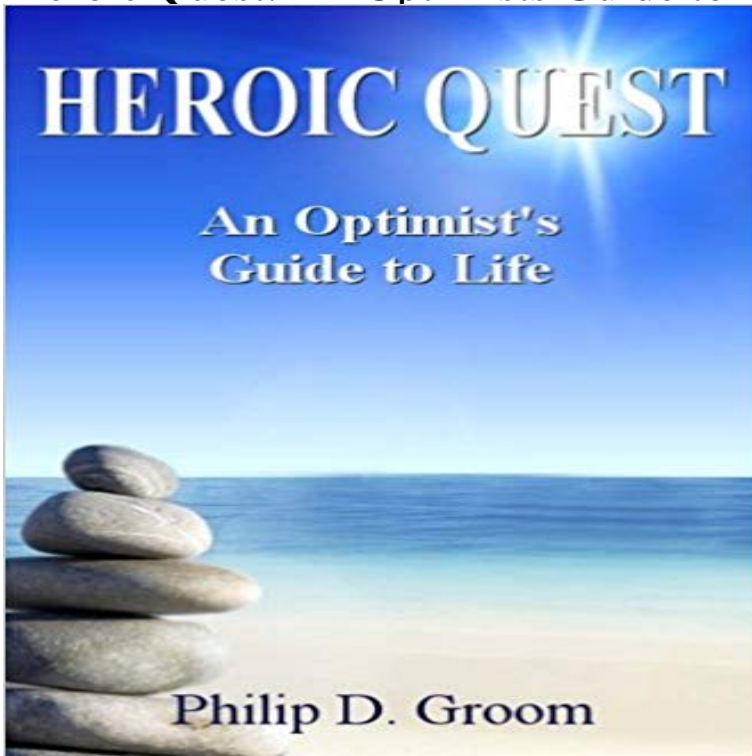


Heroic Quest: An Optimists Guide to Life



The Heroic Quest Philosophy: Today is the most important day of your life. Challenges & tests are unavoidable. Happiness requires daily effort. Written in a witty, conversational style, Heroic Quest: An Optimists Guide to Life provides a guide to achieving lasting and authentic happiness. Its a humorous collection of tools, tips, facts and 365 quotes, delivering practical advice on becoming the hero of your own life and living happily right now.

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