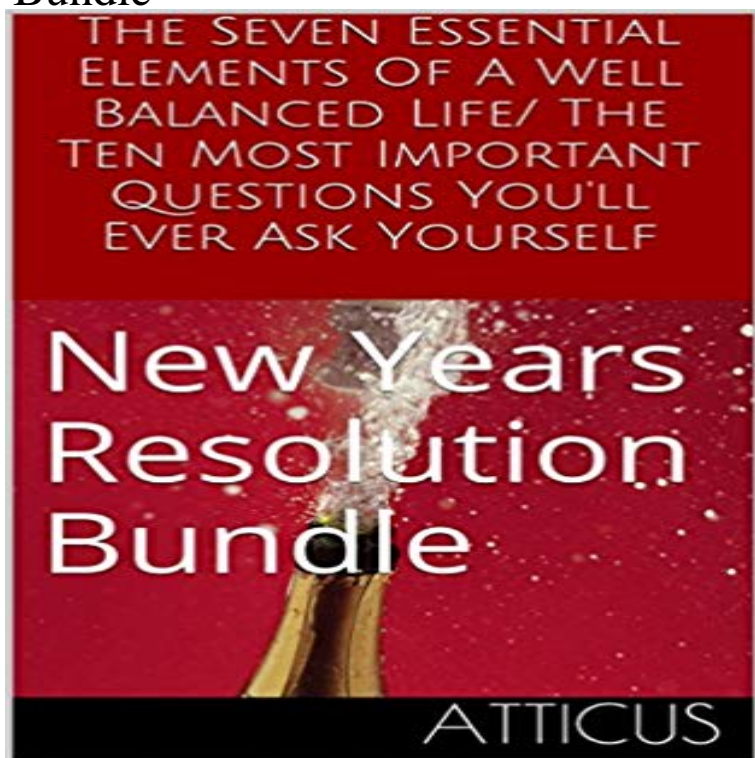


The Seven Essential Elements Of A Well Balanced Life/ The Ten Most Important Questions Youll Ever Ask Yourself: New Years Resolution Bundle



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complete with case studies, examples and explanations. This book will additionally show: The tricks and tools necessary to make lasting changes, A guide to help you overcome self limiting thinking and goal setting, A method to determine if and when youre self sabotaging and how to avoid the pitfalls of a mind, scared to make lasting changes, A proven system to overcome burn out, stress and frustration, And a step by step method to radically change your life for the better today, while giving you a lasting blueprint for achievement to follow in the coming years.

Whether you want to improve your relationships, finances, health, career goals, or just want more leisure time, the questions in this book can help you find your way to greater success than you ever imagined. Why waste another day living the life you have, when the life youve always dreamed of is just Seven Essential Elements and Ten Questions away.

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