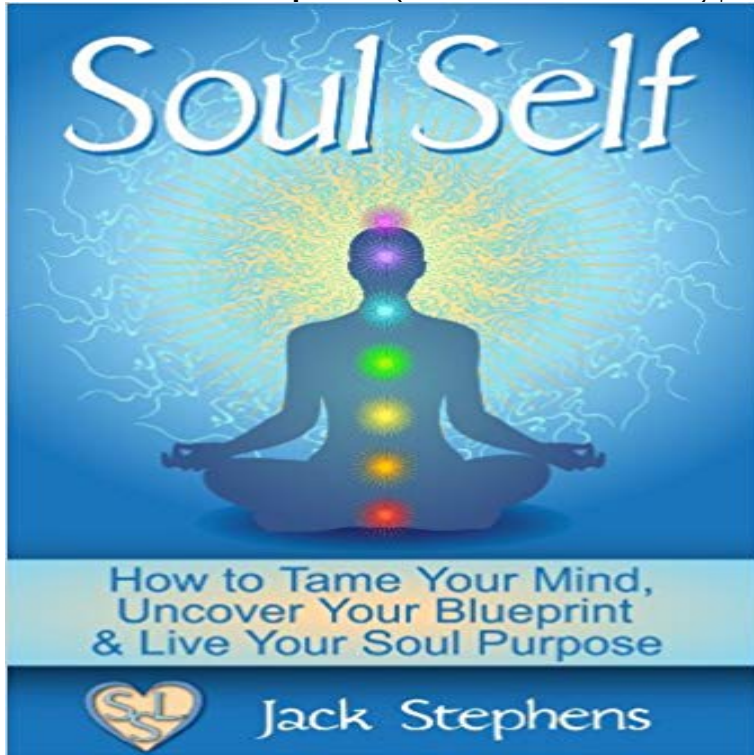


# Soul Self: How to Tame Your Mind, Uncover Your Blueprint and Live Your Soul Purpose (Soul Self Living Book 1)



In Soul Self: How to Tame Your Mind, Uncover Your Blueprint & Live Your Purpose, spiritual teacher Jack Stephens explains, with crystal clarity, how to bring your Soul, ego-mind and body into balance and alignment, and gives wisdom seekers practical tools to make lasting change for a brighter life. Divided into three clear sections, Distinguishing Between the Ego and Soul, Finding Your True Voice, and Being Your Self: Acting On Your Souls Direction, Soul Self offers valuable insight into how to access and embody higher states of awareness, turn knowledge into wisdom, and shift from ego-driven to Soul-guided living, creating greater happiness and prosperity. Jack Stephens Soul Self engaged me with wisdom I found throughout the pages. He starts off with a wonderful and instructional analogy about a horse and its rider (as it relates to your personal journey through life). Then a few pages later you get to Pebbles: A Fable. This simple, powerful story is worth the price of admission alone. The wisdom in just these three pages will do wonders for your spiritual journey if practiced! Soul Self contains very important lessons and simple yet essential practices on what to do when you experience conflict between the ego mind and your real Self. If you're looking for guidance about your Souls Blueprint, or just need a reminder, you'll find helpful, confirming, and inspiring answers in Soul Self. ~ Ken Obermeyer, author of The Journey To Joy: Reconnecting with the Real You. Welcome to a Transformative Guide to Creating the Life Your Soul Designed. How YOU can enjoy fulfillment and purpose in: - Relationships; - Wealth; - Health and Energy; - Creativity; - Accomplishment Book Sections: Preface Part I: Distinguishing Between the Ego and Soul 1 - Are You the Rider, Or the Horse? 2 - Soul Authority 3 - A Successful Voyage 4 - Locating the Ego-mind 5 - The Soul

Center 6 - Heart-Centered Decisions 7 - Real Love 8 - The Library of the Mind 9 - Soul Freedom 10 - Our Feelings Are Indicators 11 - Upgrading Your Library 12 - Staying in the Saddle 13 - Apply the Wisdom 14 - Pebbles: A Fable 15 - From The Ancient Ones: The Human Make-Up Part II: Finding Your True Voice 16 - The Souls Knowing 17 - Life Force Energy 18 - The Pond of Perception 19 - Cultivating a Relationship with Your Self 20 - Why Wait? 21- Positive Interpretation 22 - Raising Consciousness 23 - Forgiveness 24 - The Process of Forgiveness 25 - Uncovering Your Blueprint 26 - Fulfilling Your Mission 27 - Key Questions for Uncovering Your Blueprint 28 - Savor Your Soul 29 - Apply the Wisdom 30 - From The Ancient Ones: Inner Authority Part III: Being Your Self: Acting on Your Souls Direction 31 - Your Divine Nature 32 - Decide, Align, Act 33 - Soul-Centered Decision Making 34 - Even the Hard Way Will Get You There Eventually 35 - The Garden of Your Life 36 - Utilize Ancient Wisdom Today 37 - Conscious Evolution 38 - Breaking the Chains of Victimhood 39 - The Pendulum Swing 40 - Inner Balance 41 - Know When to Ask for Help 42 - Apply the Wisdom 43 - From The Ancient Ones: Action 44 - About The Ancient Ones Afterword

May your journey of awakening bring you more joy and fulfillment, and may you gather around you those of like mind to magnify your collective wisdom and put it into action.

Jack Stephens Author Soul Self, Soul Self Living, Soul, life, consciousness, awareness, meditation, psychology, self-help, personal development, purpose, meaning, ego, health, money, prosperity, spirituality, channeling, channel, guide, life coach, life coaching, therapists, new thought, empowerment, leadership, inspirational, motivational, success, life lessons, personal growth, personal transformation, self-improvement, purpose coaching, enlightenment, true self, self

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