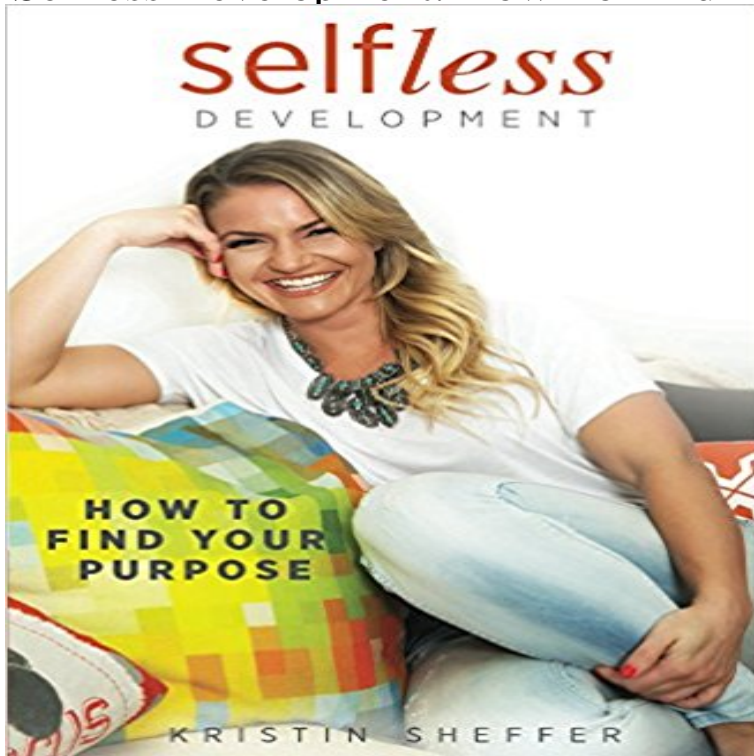


## Selfless Development: How To Find Your Purpose



Selfless Development: How to Find Your Purpose is the Millennials guide to creating a joyful, purposeful, and successful life. It is a perfectly blended mix of conceptual thought and practical wisdom. Kristin details her specific method of personal development, which she has aptly named selfless development. In a day and age where happiness is atop most peoples priority lists, she takes an innovative approach by introducing concepts like gratitude, altruistic living, and compassion as keys to the process. Selfless development is what occurs when you choose to develop yourself from the mindset that your success is not for your own benefit, but for the benefit of others. You view your self as a vessel meant to carry out a specific task that is so very important. - Kristin Sheffer This easy to read, How-To style book offers both food for thought and action steps you can use to begin living out your unique purpose and experiencing the joy that awaits. This dynamic approach to personal development will reshape the industry norm, leading people to true fulfillment by altruistic living.

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