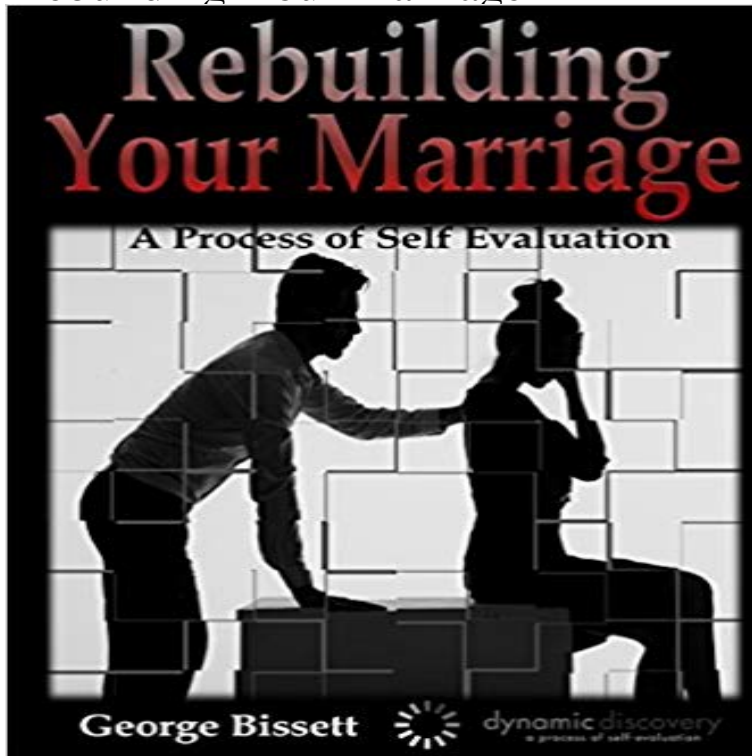


## Rebuilding Your Marriage



If it feels like you're missing something in life, maybe it's time to try something different. This workbook will show you how to apply a simple, but life-changing process to accomplish that. Your reason for reading this may be because your marriage is dangling from a ledge. You may be trying to avoid the mistakes of previous relationships. You may have suffered some level of distress from obvious symptoms to quiet panic because things are not the way you had hoped. You may be just looking for more effective ways to communicate with your partner. It is not unusual for us to get a call from someone (usually a woman) who says, "Our marriage is in trouble but (my partner) won't go to counseling with me. What can I do?" This workbook discusses how to manage situations like that without the anxiety, panic, and other fear-based emotions that so often fill the minds of those who are troubled. Whether your marriage is troubled or you just want more from it, you have probably gone through long periods of soul-searching and self-confession while attempting to learn what one does to become a good partner. We can help with that because this workbook will show you how to deal with your troubled relationship by coaching you through the process of rebuilding. On your own terms. This workbook is for those couples who really want to rebuild their marriage without the drama of blaming and shaming.

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