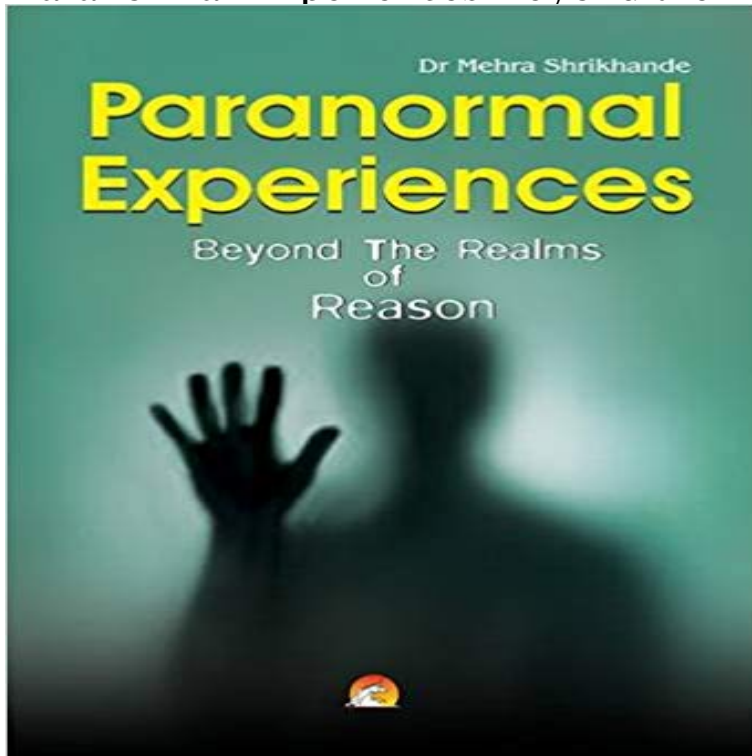


## Paranormal Experiences Beyond the Realms of Reason



Beyond the Realms of Reason is an honest and in-depth attempt to delve into the fascinating but mysterious and unfathomable world of the unknown. Drawing on a wealth of knowledge acquired during her research coupled with the willing testimony of countless people, Dr Mehra Shrikhande describes the many-faceted world of the supernatural in an objective and unbiased manner. As a medical practitioner, she had access to several near-death experiences shared by seriously ill patients soon after their recovery. She interprets the unknown in a highly readable and lucid style that keeps the readers interest alive till the end. True, mankind can't be privy to the riddle which leaves many questions unanswered. This fact lends to the subject its awe and drawing power. The author does not try to answer them; she motivates the readers to try to find them.

**CONTENTS**  
:PrefaceIntroductionPhysics and MetaphysicsThe Astral PlaneOut of-the-Body ExperienceRemote ViewingThe Near-Death ExperienceGhostsCrisis ApparitionSpirit photography and Electronic voice phenomenonSpirit Possession /ExorcismSpiritualismReincarnationPast Life RecallExtrasensory PerceptionEpilogueBibliographyAN

**EXCERPT FROM THE BOOK** :Real life happenings:1) In 1985, Mrs Jayshree Mande s mother-in-law was diagnosed as having a brain tumour. She narrated her story. My husband was working in Saudi Arabia at that time. Before leaving India he had told his mother he would come back during Diwali and meet her. Those were difficult days for me as I was working and staying alone with my two small children.I remember the date this incident occurred. It was 14th June 1985. I woke up with a start at 3 a.m. to see my mother-in-law sitting on my bed. I said mother, how come you are here at this hour? She replied I have come

to meet you and the children. When will my son come? I said he would be coming during Diwali. It will be too late. I will not be able to meet him. I am worried about you and the children staying alone in this lonely place . Saying this, she got up to leave. Have a cup of tea I said. I went into the kitchen to prepare tea. When I came out five minutes later, there was no sign of her. The front door was bolted from inside. Later that day, I went to my neighbour s house and requested them to keep an eye on my children, as I would be going to Pune to meet my mother-in-law. Meanwhile the phone rang. It was my brother-in-law on the line informing me that his mother had passed away that night. I went to his house. My mother-in-law was lying on her bed in the same white sari with a pink floral design and green blouse that I had seen her wearing a few hours earlier. My brother-in-law told me that she had slipped into a coma earlier that night and had regained consciousness around 3 a.m. He had asked her if she wanted something to drink. She had said no thanks, I just went to Jayshree s house and had some tea . She died a few minutes later. Reviews about the book: Dr. Mehra Shrikhande s book Paranormal Experiences-Beyond the Realms of Reason was launched recently by Padamshree Mrs. Lila Poonawalla and is available at all Crosswords, Landmark Stores and the leading book stores across the country. The book deals with realms that confront us all the time but offer no explanation or clues, like paranormal world of metaphysics, out-of-body experiences, near-death experiences, ghosts and apparitions, spiritualism, spirit possession, reincarnation, clairvoyance and telepathy to name a few.- Times of India, Pune Times (Entertainment Unlimited), 6-10 Dec 2009

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