

Moving On and Letting Go Box Set: Your Guide to Right Decisions and a Peaceful, Happy Life (Picking Up the Pieces)



Moving On and Letting Go Box Set On Holding On and Letting Go: 7 Helpful Methods on Making the Best Decisions for a Happy, Meaningful and Peaceful Life Being happy and at peace with your own person and everything that surrounds you is a notion so general that it is impossible to find one single way to define it. But this is perfectly normal taking in account that we are all different individuals and that, as a consequence, we all picture happiness in a unique way. However, this ideal concept of happiness in all its forms and manifestations is not possible if we do not know how to eliminate or learn how to control those aspects in our lives that can stop us from achieving our goals. Living the perfect life is utopia simply because there is no such thing as a real (scientific) definition of perfection. What we can do instead is learn how to take only the best elements from what life has to offer to us and make use even of the saddest and most annoying and frustrating happenings. And because this is not always as easy as it seems. This book will teach you: How to understand what happiness, meaningfulness and peacefulness means to you How to make a clear distinction between what you want and what you need How to stop the past from staying in your way to personal fulfillment How to enter and benefit from the state of flow How to accept, love and take pride in every part of you That temporary mistakes and drawbacks do not define you The importance of dedicating your time to those who really need you (including your inner self) And these represent only a small part of everything that you will learn by reading this book carefully. Unfortunately, we all have a limited time for this life so we have to make the best of it. There is no room for hesitations; download this book and start your journey to your happy, meaningful and peaceful life. On Break-Ups and Moving On: How to Get

Past Your Break-Up and Getting Your Life Back Break ups may seem to be the end of the world for a good number of people. When a relationship ends, a lot of individuals feel that they have lost themselves along with it. But this should not be the case at all, because despite the pain, disappointments and self-doubts, and whether people would like to believe it or not, there are ways to beat and get over even the most tragic of breakups. This book entitled, On Break-Ups and Moving On: How to Get Past Your Break Up and Getting Your Life Back aims to help those who have had their hearts broken, those who are going through a breakup and even separation. The book does not condone those who have caused you pain, but rather, it helps you embrace and face facts and situations in the most realistic and positive way. With the help of the book, you will be able to: Learn about the realities of what a person actually goes through after a very devastating break up or separation from a romantic partner. Discover and understand the process of coping with a break-up. Find out the truths about break ups yes, including every sad and painful bit of it. Learn different tips on how to get over a break up and how to move on and get ones life back together. Altogether, the book would like to help readers get their lives back on track even after all the pain, humiliation, disappointments and failed attempts at moving on they have gone through. Do not delay and download this book today!

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