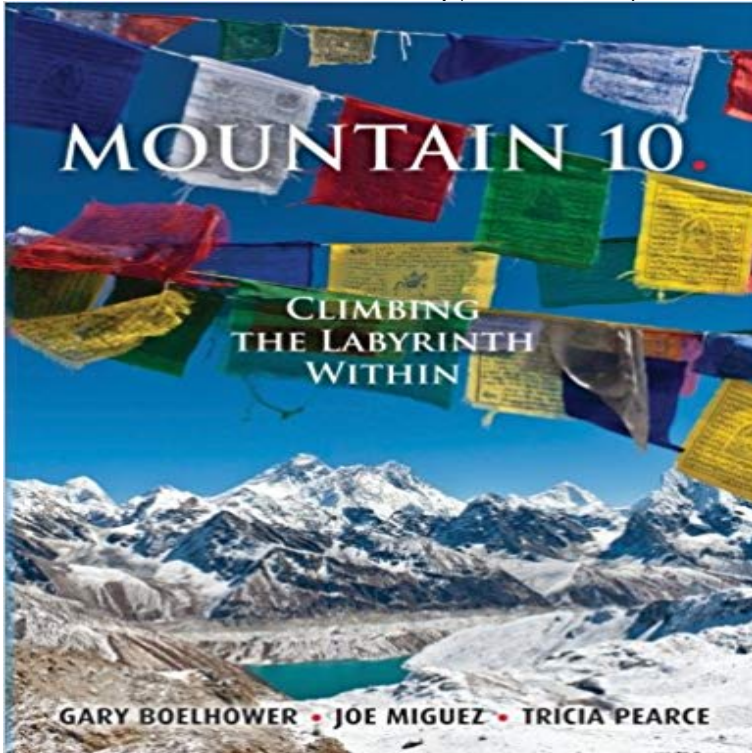


## Mountain 10: Climbing the Labyrinth Within



We often think our journey through life is entirely unique. Yet, ancient labyrinths, mandalas, and pathways found across cultures and epochs around the globe point to the common connections at the core of our humanness. In every age in every corner of the world, people have used similar techniques to listen deeply to the hearts longing our highest calling to get in touch with our own creative source and inner teacher. Mountain 10: Climbing the Labyrinth Within delivers a proven, simple, and accelerated method for directing your own change process using the compass of your heart. Gary Boelhower, Joe Miguez, and Tricia Pearce provide a powerful new technology, grounded in ancient methods, that teaches you how to pay attention to your own observations, feelings, images, and insights. A special labyrinth path known as a LABgraphic is used to trace your inner journey as the authors give you the tools you need to answer the questions and face the issues that are most important for you. Divided into chapters on ancient technologies used throughout the ages, clear preparation for your own internal climb, two versions of the Mountain 10 process, and a template for applying your insights and integrating your new vision, it guides you to get in touch with your own deepest wisdom and find the courage to act on it. A profound tool to explore the diverse terrains and treasures of your rich inner knowing, the authors transformational tour de force can be used by individuals, teams and organizations to access and put into practice personal, practical wisdom. Mountain 10: Climbing the Labyrinth Within provides a tested, effective strategy to listen to the vision that calls at the center of your being and a proven integration process to bring that vision to life. It combines the ancient processes of the labyrinth with insights in change management. Mountain 10 is a

labyrinth path and laboratory space for listening to your hearts longing and paying attention to your internal compass. It accelerates creativity and innovation for individuals and organizations. The key shift that must occur in our individual and organizational lives is to trust our own wisdom. Rather than focusing our attention outward, we are called to listen to the inner teacher, to the wisdom within. We are called to be attentive to our own internal journey and to reap the harvest of our own experience. Our thoughts and feelings, our bodily knowing, our creative leaps and artistic urges contain all the clues we need to discover a more purposeful life and build a more spirit-filled and productive workplace. Yes, we need information and statistics and experts. However, accessing the hard data is the easy part, at least in comparison to the more difficult work of clarifying values and principles. Living authentically requires paying attention to body, mind and spirit wholeness. It requires integrating information and values, data and dreams, what is and what if. This is the hard part application, implementation, living it out. This is wisdom and it requires the assimilation of knowledge, values and action. Wisdom calls us home to the fullness of who we are. It asks us what we really want. It tells us to trust our own experience, to pay attention to how its voice echoes in the fierce flutes of our own bones. Wisdom reminds us to seek the sanctuary of our own silence and have faith that we can figure it out. Gary Boelhower, Joe Miguez and Tricia Pearce have more than 100 combined years of experience with wisdom practices, deep reflection and the labyrinth. They have joined their insights to provide a transformative technology to access inner wisdom.

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