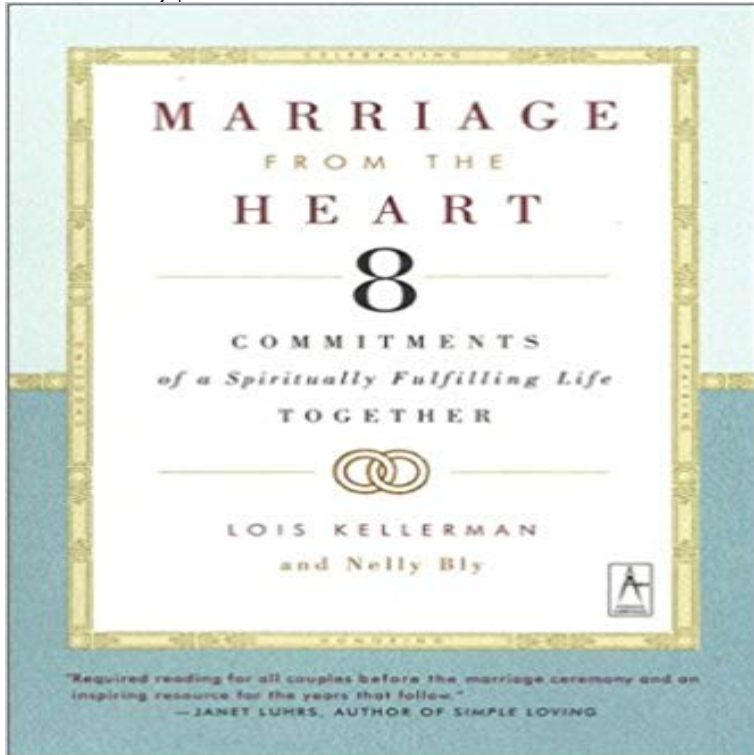


Marriage from the Heart: Eight Commitments of a Spiritually Fulfilling Life Together



Americans today have rediscovered a need for safety and belonging. Pastoral counselor Lois Kellerman, many of whose clients weddings have been covered in The New York Times Vows column, has helped hundreds of couples find (or regain) a sense of home in their partnership. Marriage from the Heart is her compelling and sensitive blueprint-for readers of all ages, backgrounds, beliefs, and stages of marriage-for building a spiritually fulfilling relationship. At its center are eight commitments, both daily and lifelong, that build a lasting marriage and fortify it against everything from betrayal to dry spells to fiscal hard times: * Centering-the home as a sanctuary * Choosing-wise decision making * Honoring-deep, mutual respect * Caring-nurturing each other * Abiding-resiliency through lifes ups and downs * Repairing-mending whats broken * Listening-open communication * Celebrating-enjoying your marriage Beautifully designed, Marriage from the Heart is a perfect wedding or anniversary gift. Based on a fourteen-year study of core life values, the book is filled with touching anecdotes, words of encouragement and here-and-now exercises. It offers spiritual guidance that transcends religion and speaks to every season in the life of a marriage.

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