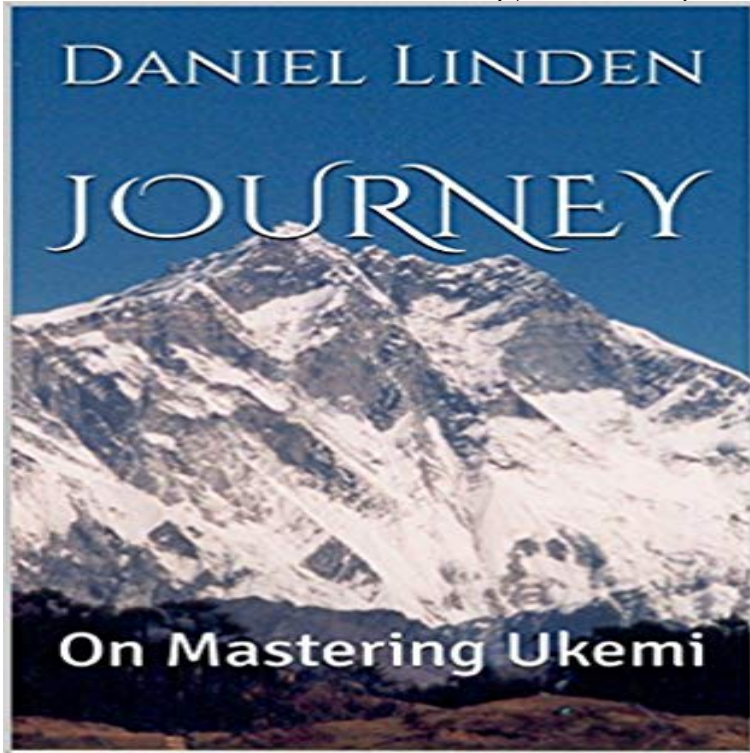


JOURNEY: On Mastering Ukemi (The Aikido Series Book 3)



This is tale of test and triumph in the high Himalayan Mountains in Nepal. Journey On Mastering Ukemi is for everyone who has ever fallen down. Those of us who train at Aikido know it as taking ukemi, but it is still falling. The country song goes, Funny how falling feels like flying for a little while and taking ukemi is just like that. Until you land. This book is about the landing and all the rest of it, from the initial attack until we are back on our feet. The Journey we all take from birth to death can be exciting, powerful, enriching and engaging or it can be one of quiet desperation. The choice is yours. Journey is a tale of one young mans attempt to engage that kind of life and his teachers attempts to show him the way. Mr. Linden demonstrates a sense of humor, self-deprecation, and humility almost unique in the world of martial art masters and Aikido teachers especially. His worldly views and occasional sea stories makes this one of the most enriching and wonderful books about martial arts and personal triumph ever written. It has been compared to THE PEACEFUL WARRIOR and in many ways has the same intense one-on-one teacher/student exchange so many found touching and powerful in that classic. Chris is ready for something new and powerful in his life and his Aikido teacher shows him the way out the door. A door that once opened changes the traveler forever. You can never go back home again feeling the same way after hiking across the backbone of the world for forty days. You will never see people the same again after experiencing the wisdom and kindness of those we find along the road. Journey- On Mastering Ukemi will take you there and show you the door.

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I did give the book 3 stars - so right off the bat, that should tell you that its not a horrible book by any means. **Journey On Mastering Ukemi In Aikido The Aikido Series Book 3** This is the second book in the Mastership Series by Aikido teacher Daniel Linden Start reading JOURNEY: On Mastering Ukemi (The Aikido Series Book 3) on **Journey On Mastering Ukemi - Home - Journey On Mastering Ukemi - journey on mastering ukemi the aikido series book 3 - this is tale of test and triumph in the high journey on mastering ukemi the aikido series book 3 - this is tale of test and triumph in the high himalayan mountains in nepal journey on mastering ukemi is for Journey: On Mastering Ukemi [Unabridged] [Audible Audio Edition** **ON MASTERING AIKIDO: Third Edition (The Mastership Series)** . Audiobooks JOURNEY: On Mastering Ukemi (The Aikido Series Book 3) eBook: Daniel **Journey On Mastering Ukemi - Home - Daniel Linden** has 25 books on Goodreads with 202 ratings. 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