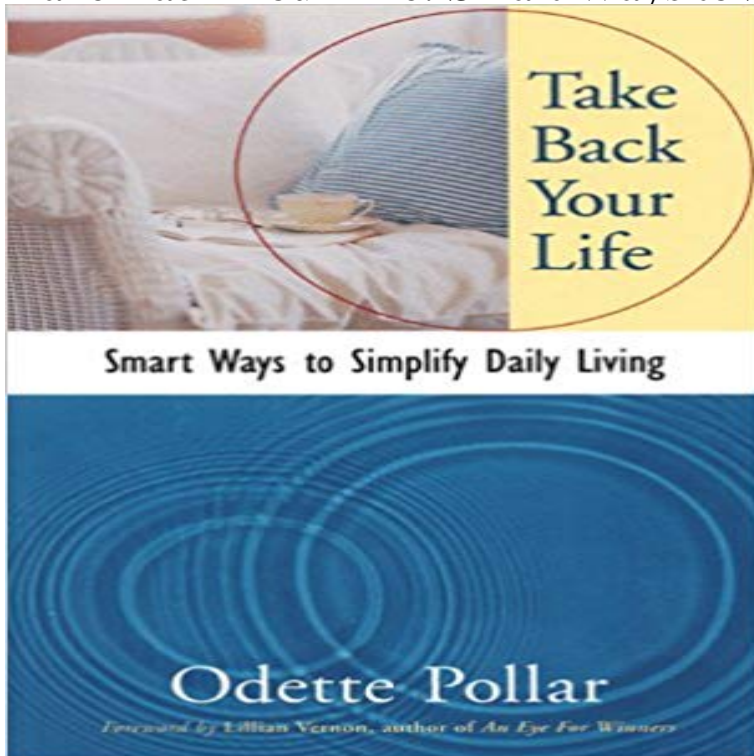


# Take Back Your Life: Smart Ways to Simplify Daily Living



Odette Pollar shows how to avoid time starvation with an excellent set of guidelines for both reducing resource expenditures -- everything from time wasted on paper shuffling to empty social obligations -- and maximizing time for what you really want to do.

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