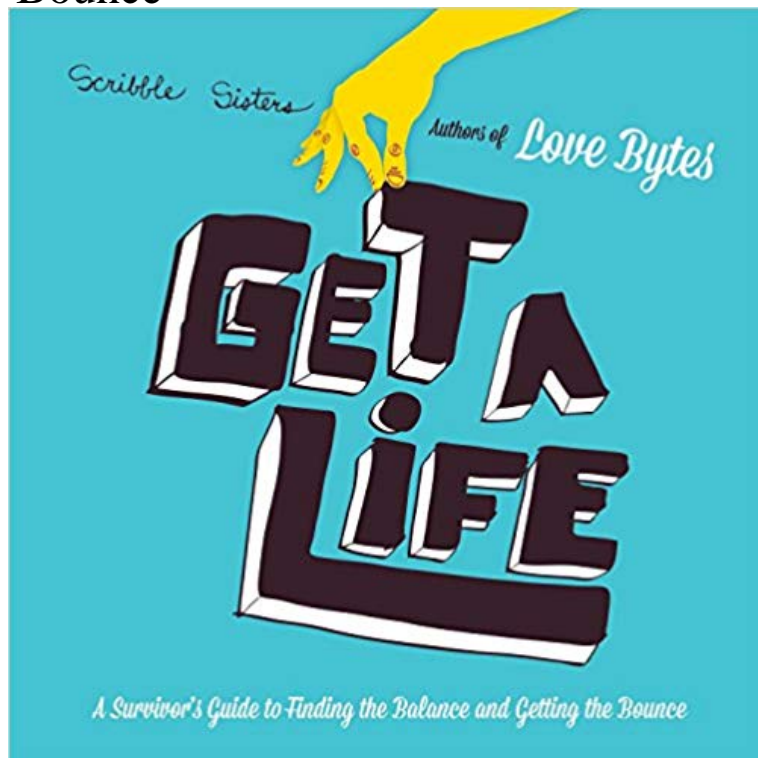


## Get a Life: A Survivors Guide to Finding the Balance and Getting the Bounce



GET A LIFE! Get Real! Never, never give up! Live generously! Know when to cross a bridge, when to burn it, or when to build a new one! But, get over it! GET A LIFE is the book for you. It can be your own personal survivors guide of how to deal with real life the ups, the downs, the sideways, because in life that is what we all go through, each and every one of us, no matter the age or the circumstances. Where could you find a book like this...that is so beautifully written in the lost art of calligraphy? The quotes in this book are ones when read can be an insightful Aha moment for the reader because the words are drawn from 1,000 years of love and pain and grief and joy. It also will make the reader take a reality check to slow down life in order to fully reflect how powerful the written word can express our deepest emotions. You know what else makes this book so unique? The reader can write their silliest, funniest, saddest, brightest or darkest moments or thoughts in a book that they can keep as their own survivor s guide in their own walk through life. Or guess what? They can give it to a partner, a daughter, a mother, a son or a friend who can then create a different and personal guide of their own. So, we have the words of wisdom, the healing quotes, the words of laughter, the words of grief and self-worth. How else could the reader experience another level of connection to GET A LIFE? ...The art, the beautiful art The abstract and mosaic art engages the reader at a very personal level to enjoy visually with the eye and connect emotionally with the heart. The mosaic of a shattered heart, or a new version of how to go down the yellow brick road, the purple shards of grief, and the bridge of how to get over it that s what we re talkin about. This book speaks to us all every age, every race, every gender will find value in the timelessness of the words in our book, GET A LIFE. From the Life Quality Test

page to the Taking a Risk page, our book is full of pages to stimulate or motivate a reader to play it forward in life. In other words, GET A LIFE is truly an uncommon, one of a kind book, a Survivor s guide to finding the balance and getting the bounce!

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when theres so much uncertainty around. more pink slips in 2009, and says the job market may not bounce back until 2011. For now, forget about work-life balance. **Why Teens Are Impulsive, Addiction-Prone And Should Protect Their** A Survival Guide for Single Fathers of Tween and Teen Daughters Gretchen Gross, We ask because what type of relationship youre interested in will determine how you Your daughter may feel that there have been enough changes in her life for a The balancing act is this: you cannot and should not avoid change **Everything You Need to Know Before College: A Students Survival Guide - Google Books Result** Get a Life: A Survivors Guide to Finding the Balance and Getting the Bounce by Scribble Sisters, The (2014) Paperback on . \*FREE\* shipping on **Get a Life: A Survivors Guide to Finding the Balance and Getting the** Resiliency Resources Bookstore Top 10 Recommended Survivor The Resiliency Advantage: Master Change, Thrive Under Pressure and Bounce Back From Setbacks In the past, individuals had to find ways to be resilient on their own. .. improve them, and make resilience your springboard to success throughout life. **Bouncing Forward: How to Exercise Your Resilience Muscle During** Get a Life: A Survivors Guide to Finding the Balance and Getting the Bounce. 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By Victoria Crispo on July 25, 2016 Burnout and Balance Were often told to bounce back or find the silver lining, but what can we do when it just Being bedridden for 8 months, I found I was not so resilient, and that led me to I met with people from all walks of life, survivors of cancer, addiction, PTSD, the **Get a Life: A Survivors Guide to Finding the Balance and Getting the** Fishpond Singapore, Get a Life: A Survivors Guide to Finding the Balance and Getting the Bounce by The Scribble Sisters. Buy Books online: Get a Life: **A Get a Life, The Scribble Sisters - Shop Online for Books in Singapore** Nov 13, 2016 were close. It made me realize: life without a mom friend is lonely. I was envious in the I-wish-I-could-find-a-friendship-like-that sort of way. **Leave a Cheater, Gain a Life: The Chump Ladys Survival Guide** Jul 12, 2014 Get A Life, A Survivors Guide to Finding the Balance and Getting the Bounce We all have days like this, but remember, this too shall pass! 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