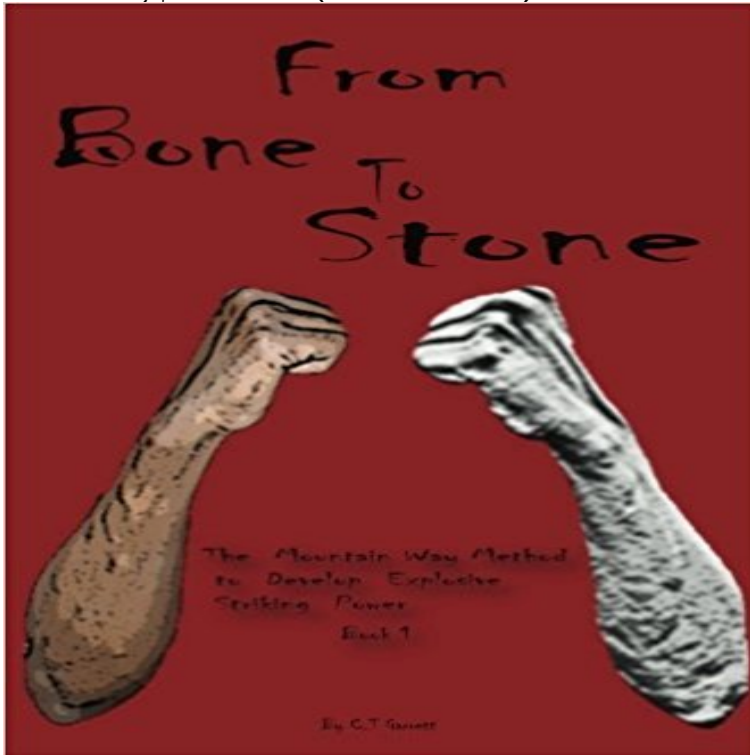


## From Bone to Stone: The Mountain Way Method To Develop Explosive Striking Power (Volume 1)



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