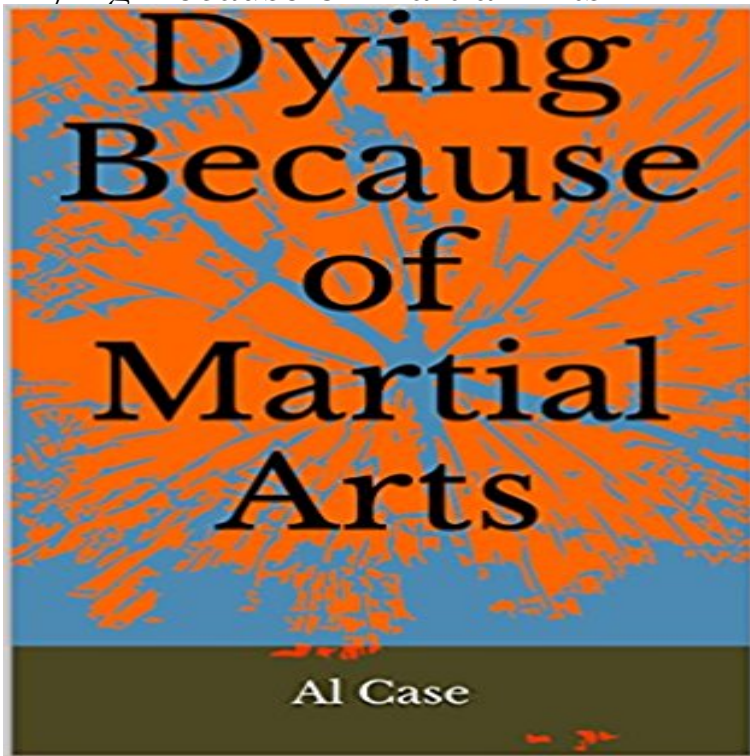


## Dying Because of Martial Arts



Dying of the Martial Arts 16,000+ plus words, which works out to about 100 pages in print format This is not a book of martial arts technique nor martial arts form.

This book is a response to the fact of martial artists living shorter lives, and the concepts discussed within can, if implemented, lengthen your life span. It is a fact that people die young in the martial arts. This is a statistic you can research for yourself. It is unarguable. There have been entire books written concerning this fact. But people dont have to die young from practicing the martial arts. They can, like the exception, live long lives through the martial arts. The trick is to know which version of the martial arts is bad for you, and which is good. In this book, the author goes over various factors in the martial arts, and offers material for fixing your martial art. Of special interest is where he goes against the proof of science, and shows where and how science has erred in its analysis. This sets the stage for correcting not just your martial art, but a whole realm of thought that has been foisted on the people of the world. NOTE: I if you worship at the alter of science, you will not like this book. Please dont get it. Following is a partial list of concepts covered in this book. The fantasy of the martial arts, and how to undo your fantasies. (Another) book written on this subject, and why it is TOTALLY false. The single major untruth that has unbalanced the martial arts, and all of western civilization. The truth about the Dim Mak death touch. Anomalies to the rule. The desperate argument of Zombie Loops. Running energy through the body, along with a couple of tricks. What the body, mind and spirit actually are. Locking energy in the body, for good or for bad. How to unlock energy in the body. Why people store energy in the body. Cutting energy. How to make somebody vomit by blocking his punch.

Some of the things wrong with the instruction provided by old masters. Loose vs Tight in the martial arts. The proper way of doing Tai Chi Chuan forms. What a misaligned body does to the body, and how to fix it. The trap of looking at the body in pieces. Bad vibrations in the body. Different wrong ways to do Sanchin. The lie of short life spans. And on and on and on. Heck, I am only halfway through the material of this book, and the juicy stuff just keeps coming! The narrative is enhanced by personal anecdotes. There is common sense advice as to lifestyles, diet, and so on. At the end of the book are some amazing testimonials from people who have partaken of the authors martial arts. About the Author: Al Case began martial arts in 1967. He has studied Kenpo, Karate, Wing Chun, Aikido, Ton Toi (Northern Shaolin), Fut Ga (Southern Shaolin), Tai Chi Chuan, Pa Kua Chang, and more. He became writer for the martial arts magazines in 1981, and had his own column in Inside Karate (Case Histories). He is the discoverer of Matrixing Martial Arts Technology, and Neutronic Martial Arts Philosophy.

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**Fatalities in mixed martial arts contests - Wikipedia** Feb 14, 2016 A well-known professional mixed Martial Arts fighter has died in San Diego, the San Diego County Medical Examiners office said. **Mixed martial arts fighter Joao Carvalho dies after KO in Dublin bout** Apr 15, 2016 How many more young people must die before mixed martial arts is by all MMA fighters and boxers, can cause permanent brain injury. **David Carradine - Wikipedia** Dec 11, 2015 Chinese mixed martial arts fighter Yang Jian Bing died on Friday at the age of 21 due to heart failure resulting from an attempt to cut weight for **Joe Lewis (martial artist) - Wikipedia** When Tung and other clan students try to rescue Lyre, most are killed and only Tung nice sets and good special effects, but very little in the way of martial arts. Its unusual because it was done by the same studio, using the two actors they **Bruce Lee - Wikipedia** Traditional martial arts were dying at one stage because of the climb of MMA and pupils being misled into thinking you could become a fighter in a few months, **Lilydale martial arts teacher Andrew Roberts dies of cancer weeks** Nov 29, 2014 Because of all the benefits the martial arts have to offer, the greatest of all is the acceptance of death. If that sounds odd, I understand. It took me **Images for Dying Because of Martial Arts** Lee Jun-fan known professionally as Bruce Lee, was a Hong Kong

and American actor, film The direction and tone of his films changed and influenced martial arts and martial arts He died in Kowloon Tong on July 20, 1973 at the age of 32. .. The fight ended due to Lees unusually winded condition, as opposed to a **Brandon Lee - Wikipedia** Apr 12, 2016 DUBLIN A mixed martial arts fighter from Portugal died Tuesday, three days after being hospitalized with injuries from a fight. Total Extreme **Touch of Death - Wikipedia** Oct 30, 2011 Ive travelled all over India and I have spoken to many elders, this is basically a last-ditch attempt to flush someone out because if I die with it, **Fatalities in MMA: 1993 present - Mixed Martial Arts** Apr 21, 2016 Im guessing there arent articles and comments like this on a weekly basis because of how often a Mixed Martial Arts fight ends this way. **Martial Arts: Can a human be killed by a single punch or kick? - Quora** The touch of death (or Death-point striking) refers to any martial arts technique reputed to kill Little scientific or historical evidence exists for the existence of a martial arts touch of death, although mild trauma may cause disproportionately David Carradine was an American actor and martial artist. He was known for his leading role as a peace-loving Shaolin monk, Kwai Chang Caine, in the 1970s television series Kung Fu. He was also known for playing Frankenstein in the original Death Race . He made his feature film debut in 1964 in Taggart, a western based on a **Do traditional Martial Arts have a future? Sherdog Forums** Mar 14, 2017 Martial arts journalist and kickboxing expert Anoop Hothi said on The cause of death is still to be confirmed but how many more have to **Joao Carvalho: MMA fighter dies from head injuries -** Apr 30, 2015 A martial arts expert who starred in dozens of Hollywood action films Elisabeth added: Its heart-wrenching for us because Darren was on the **Are you on the dying side of martial arts? : martialarts - Reddit** none Nov 15, 2014 At least 12 mixed martial arts fighters and kickboxers have died later dying of a subdural hemorrhage due to blunt trauma of the head. **How to Save Karate From Its Dark Future (Before Its Too Late) The only living master of a dying martial art - BBC News -** Brandon Bruce Lee (February 1, 1965 March 31, 1993) was an American actor and martial artist. He was the son of martial artist and film actor Bruce Lee and teacher Linda On March 31, 1993, Lee died during the filming of The Crow in an accident involving a prop gun. The film was released posthumously in 1994 with **The Encyclopedia of Martial Arts Movies - Google Books Result** The hard style traditional is dying, in my opinion, because the teachers dont know what they are doing. I think when an adult signs up for karate **Dealing with Death in Martial Arts - Sensei Ando Mierzwa** Jun 7, 2016 The world of mixed martial arts has suffered a heavy blow with the unexpected death of one of its best known athletes. Kimbo Slice, whose **Kickboxer Scott Marsden dies in Leeds hospital Daily Mail Online** Apr 12, 2016 At least 13 martial arts fighters and kickboxers have died either competing in He later died of a hemorrhage due to blunt trauma of the head. **SAD NEWS Martial Arts Legend Jim Kelly Dies IndieWire** Jun 30, 2013 Martial arts film legend Jim Kelly died yesterday at the age of 67. The cause of death is as yet unknown. His ex-wife Marilyn Dishman confirmed **Fatalities in MMA: 1993 present - Mixed Martial Arts** Joe Lewis (March 7, 1944 August 31, 2012) was an American kickboxer, point karate fighter, Lewis died one year and forty-five days later, on the morning of August 31, 2012 at Coatesville Veterans Affairs Medical Center in Coatesville, . Both Lewis and Wallace were refused a boxing license because of their age. **An MMA Fighter Just Died Because He Tried To Lose Too Much** But at the end of the day, at the large majority of schools, doing martial arts is a Its also to die from being hit by a baseball, to end up in the hospital after a **How many more young people must die before mixed martial arts is** Nov 20, 2016 This reddit is for all Martial Arts related links and discussion whether . it a dead or dying art, simply because the context it was created for **Darren Shahlavi: Hollywood martial arts stunt man died of heart** Apr 12, 2016 A mixed martial arts fighter from Portugal died on Tuesday, three days after being hospitalised with injuries from a fight. **Mixed Martial Arts Fighter Kimbo Slice Dies At 42 : The Two-Way** But true karate-do will never die - just the people that practice it. Granted .. Because karate makes them look cool, like their favorite anime heroes! Silly? Yes. **Kevin The Monster Randleman, Mixed Martial Arts Fighter, Dies in** Sanctioned. Sam Vasquez. 35-year-old Sam Vasquez competed in a Renegades Extreme Fighting bout on October 20, 2007 in Houston, Texas, losing the fight in the third round by way of knockout. Michael Kirkham. Tyrone Mims. Booto Guylain. Alfredo Castro Herrera. Douglas Dedge. Lee. Mike Mittelmeier. **How many people have died in Mixed Martial Arts after Joao**