

Make It Happen: Live Your Best Life



The difference between the life you want and the life you have is you! So what are you waiting for? Michelle Bridges knows what it feels like to face your fears, chase your dreams and handle setbacks - she's been there too and has come out stronger through self-belief, hard work and having a plan. The girl from Newcastle who is now one of Australia's most successful entrepreneurs shares what she's learnt on her own journey, providing real solutions to everyday challenges with her tool kits of insightful advice and practical life lessons. Whether you want to get a new job, find a partner, lose weight or buy a house, she'll help you break down the barriers that block the path to reaching your goals. Michelle is a champion of change, encouraging small positive actions every day that empower you to be the best version of yourself. When you know what it is that you are destined to do and you start planning for it; acting on it; believing in it; living it; pursuing it with gritted-teeth, clenched-butts determination; making sacrifices for it and backing yourself all the way, your future changes. Nothing is ever the same again.

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