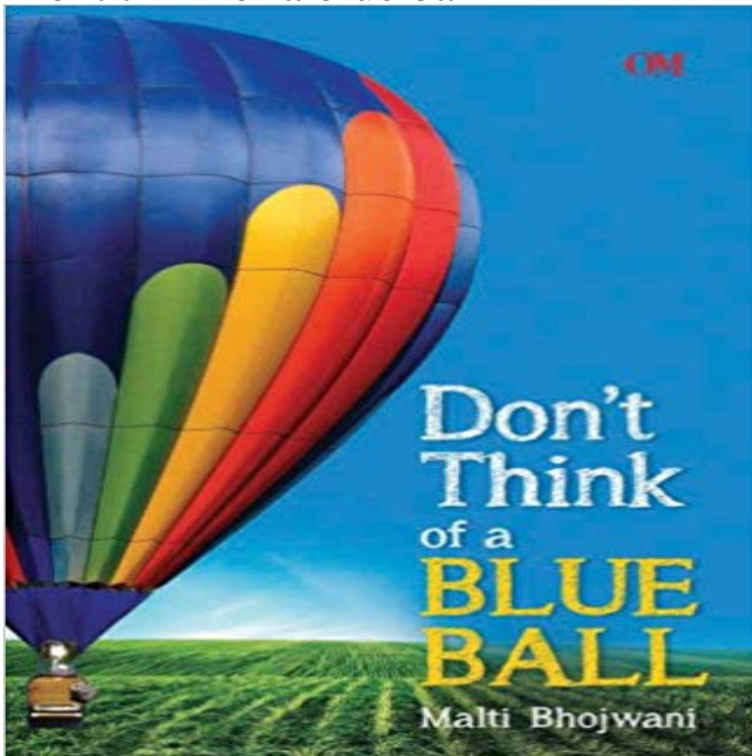


## Dont think of a blue ball



Don't Think of a Blue Ball is as light or as deep as you want it to be, depending on how Plugged In you are while reading it. It aims to give you all you need to truly live the life you want and be joyful as you pursue your dreams and desires. Plug In and do the effective, tried-and-tested, exercises derived from Malti Bhojwanits extensive study and hours of coaching her clients. This book includes scientific explanations where needed, wisdom from timeless philosophers and authors, teachings from the scriptures together with the authors own personal poignant experiences to beautifully illustrate how you too can live a life you desire instead of one of default. For the first time, an easy to read book that entwines humor, simple analogies and a firm voice in twelve chapters to show you how to make lasting changes in all areas of your life by making empowering decisions that will instantly help you experience joyous living. You will not only learn how to take action towards your desired life by following steps like in many other self-help books, but also how to change the way you talk to yourself, enabling you to feel, walk and dream in a state that will manifest everything you desire even while you sleep. Don't Think of a Blue Ball will help you become aware of who you are being twenty-four hours a day and how to create a successful life by being a manifesting body that radiates joy and gratitude. As a life Coach she aims to serve, not to fix or to help. Malti Bhojwani is the founder of Multi Coaching International, a professional certified life Coach with the International Coach Federation (ICF), NLP practitioner (Neuro Linguistic Programming) and an author. She coaches using her empathetic enquiry that leads her clients to personal empowerment, fulfilled goals and consistent success. Being a life-long learner, she is also mastering Ontological Coaching with Newfield

Network to hone her skills, as she still considers herself only a white-belter in the field of personal transformation. Born in Singapore in May 1971, she lived in Jakarta for many years, though she spent most of her adult life in Sydney, Australia where her grown-up daughter Drishti lives. Her first published work, Thankfulness Appreciation Gratitude My Journal has gone into several reprints.

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