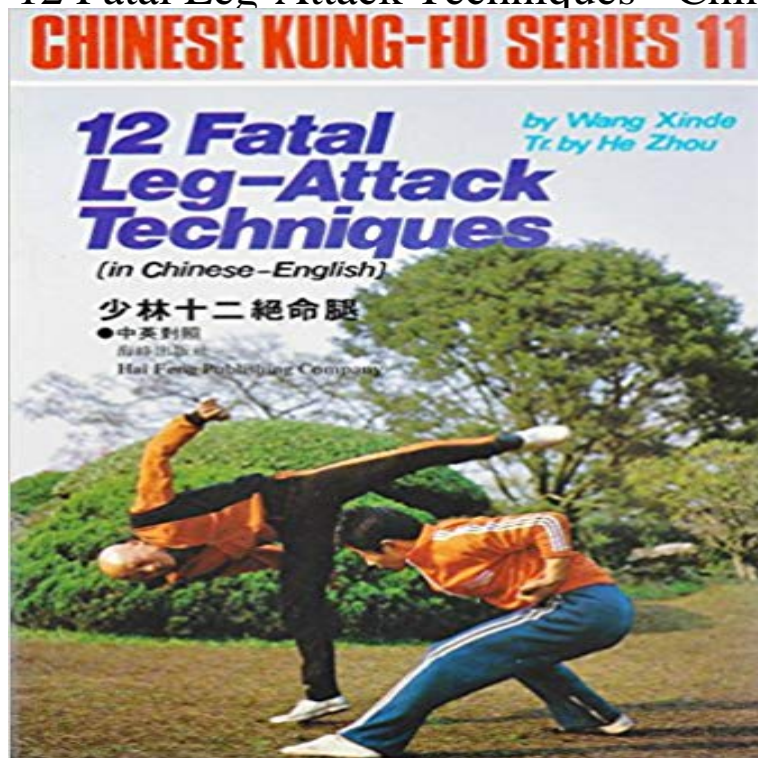


12 Fatal Leg-Attack Techniques - Chinese Kung-fu Series 11



12 Fatal Leg Attacks by Wang Xin-De translated by He Zhou English/Chinese, 127 pages, softbound Printed in Hong Kong this en face book explains in both English and Chinese leg attack of the Shaolin School. This particular branch is known as the JinGang-Chan school thus claiming its lineage to Vajra Buddhist warriors. All of these methods contribute to the famous 108 legs attacks. The names of the techniques alone are almost worth the price of the book. They call up such classic names as ... The Golden Leopard Climbs a Tree The Tiger Bumps the Trunk Golden Vulture Attacks its Prey White Ape Presents Fruit This is a well constructed book with nice line illustrations and clear text. The techniques are traditional, though the students who posed for them hammed it up a little. On the other hand the wide arms positions and definitely extreme body inclinations emphasizes correctly the purposely awkward side of Shaolin with, given its Chan (Zen) influence, shows a similarity to the almost extinct Tzu-Ran Natural style. A well-translated and intelligent book.

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