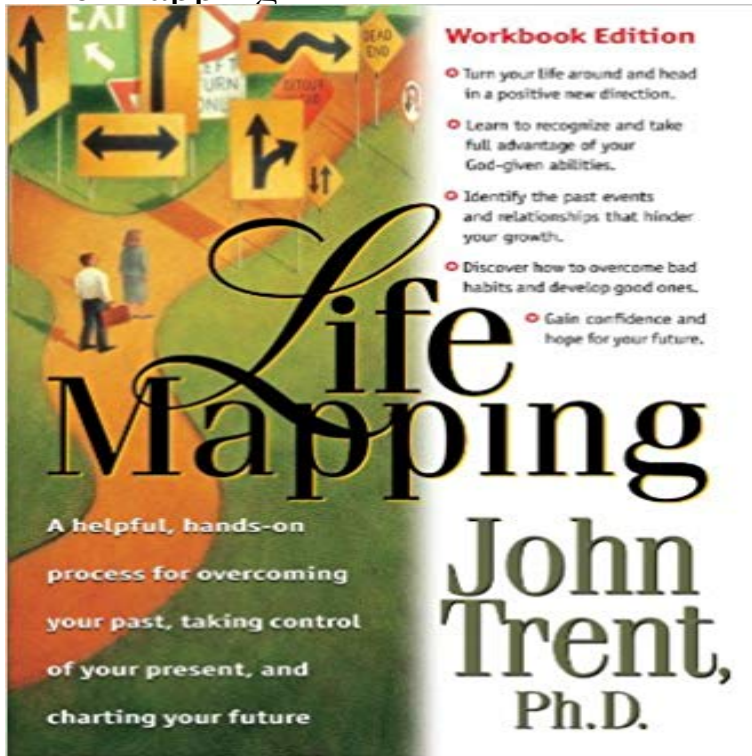


Life Mapping



LifeMapping is a powerful tool that will help readers leave behind the things that have held them back in life, establish clear, realistic goals, and take positive, concrete steps to live the kind of life they've always wanted to live. DO YOU KNOW WHERE YOU'RE GOING? Any time you hop in your car, it's important to know where you're going. But when you're talking about your future your life's direction knowing where you're going takes on a whole new meaning. We may want to move ahead spiritually, professionally, or in our interpersonal relationships. But many of us are speeding down the road of Life without much thought about our destination. We're traveling fast, but without a map, and it's hard to know where we'll end up. Leading counselor and best-selling author John Trent has developed a powerful tool that will help you map out a course for your life and get you to your destination. This fresh way of looking at your life involves taking a revealing review of the events and patterns in your past in order to develop a storyboard of where you've been, where you are, and where you're heading. You'll learn to overcome the roadblocks that have detoured you from deeper relationships, sidetracked your professional career, stunted your spiritual growth, and destroyed your self-confidence. Packed with practical, usable tools and thought-provoking study questions that will help you apply what you've learned, LifeMapping will enable you to re-write the story of your life by showing you where you want to go and helping you get there!

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