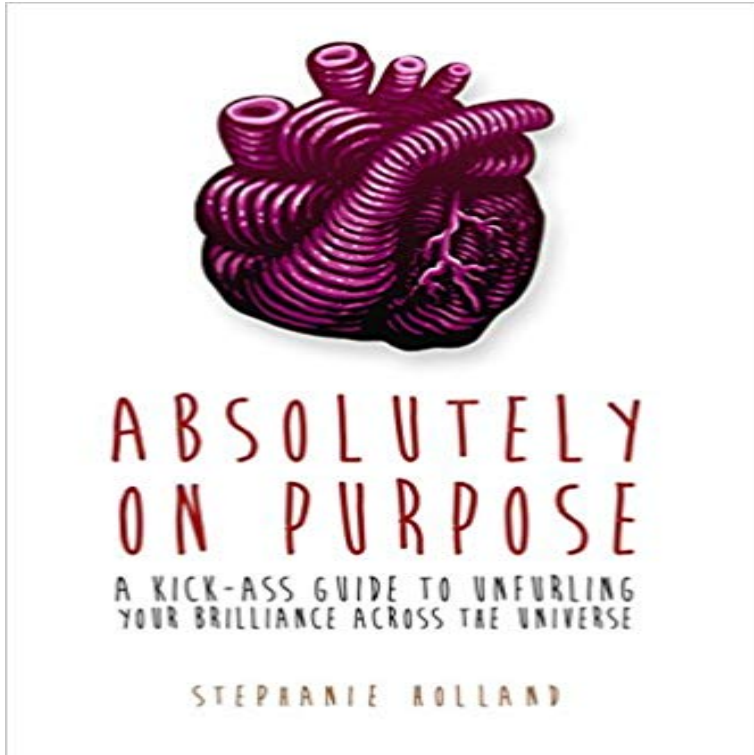


Absolutely on Purpose: A Kick-Ass Guide to Unfurling Your Brilliance Across the Universe



Blinded by a culture of bigger, better, faster and seduced into wanting more, more, more, we've become distracted from what matters to us the most, and forgotten how to tap into our own unique blueprint for brilliance. With a crumbling economy and disappearing jobs, established rules and expectations no longer serve us and it's becoming clear that there is only one option: to live Absolutely on Purpose. Cutting through the riff raff of our perception, debut author Stephanie Holland delivers a collection of visionary common sense for life, art, and entrepreneurship designed around the ancient principles of yoga. Forget downward dog. This book is the grenade that identifies and explodes the self-imposed blockades and prisons that many of us have created. Featuring workbooks designed around nuggets of visionary wisdom, this book offers a fresh set of tools designed to help you dismantle the excuses that keep you stuck. It's a kick-ass guide to living with passion, purpose and vision, and a smorgasbord of ideas on how to impact the heart of humanity by doing whatever you love.

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