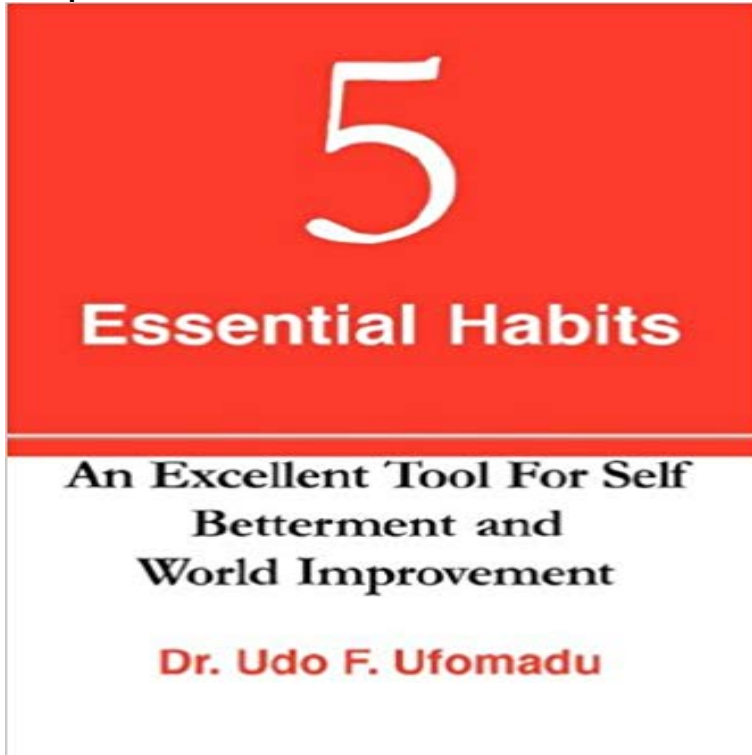


## 5 Essential Habits: An Excellent Tool For Self Betterment and World Improvement



In 5 Essential Habits, Dr. Udo F. Ufomadu magnificently captures the essence that we are all capable of making the world a better place to live in. This book undoubtedly serves as a splendid resource in this century. It carefully sifts 5 habits as foundations which individuals, as well as organizations, can ground their spiritual and natural efforts to improve life for all. It is a tool for encouragement. Overall, it is simple to understand, but compelling to the maximum.

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